

Our vessel's energy consumption

Fuel type	Tonne fuel	Sulphur content	Energy per tonne fuel (MJ/kg)	Energy (MJ)
MGO	13 060	0,07%	42,7	557 670 540
VLSFO	102 221	0,43%	41,0	4 191 048 700
HFO unscrubbed/ scrubbed	134 785	2,70 / 0,04%	40,2	5 418 357 000
Total	250 066	Average 0,21%	Total energy consumption:	10 167 076 240

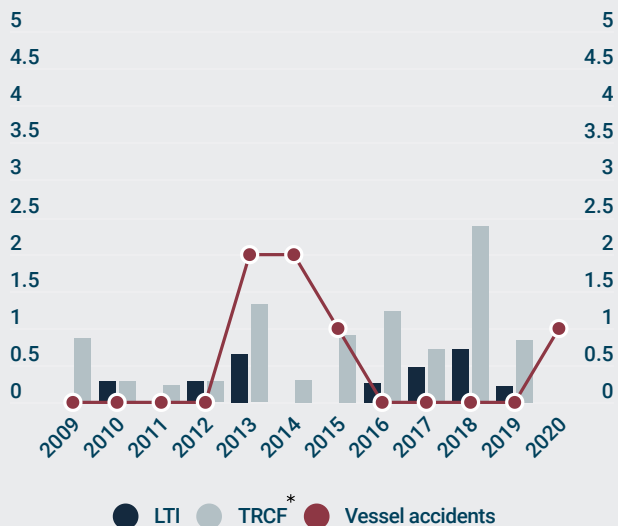
Sulphur

	Scrubber	No scrubber
Total SOx Emissions (tonne)	118,8	945,2
Avg SOx Emissions (tonn per vessel)	7,9	78,8
Total SOx Emissions per distance (g/nm*)	93,2	946,5
Average S content in fuel	0,042%	0,428%

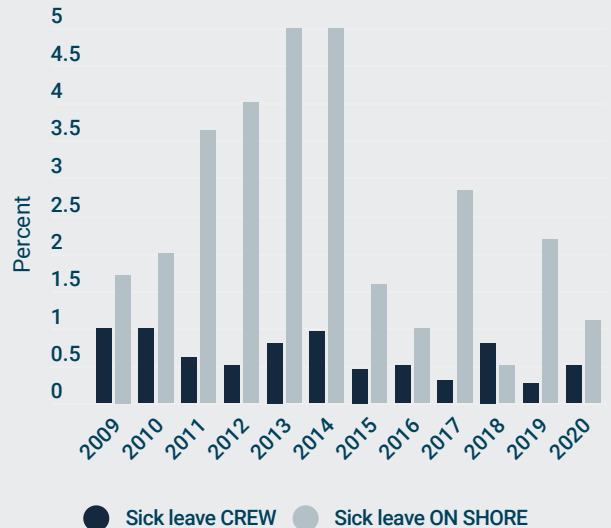
The table shows how efficiently the scrubbers remove SO2 from exhaust.

Safety

Continuous HSEQ programme since 2009



Sick leave



* Total Recordable Case Frequency

132 officers & crew conference days in Manila and Stavanger since 2009.